

Editorial

Carol Cober

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In this Volume 9, Issue 1 of the Journal I am delighted to work with Alan Fogel and the Advisory Board to present a variety of subjects about Rosen Method. This is my first issue in the editor role after serving on the Advisory Board since 2008. I am profoundly grateful to have Alan mentoring me. We are so fortunate to have the leadership of Alan on the RMIJ for so many years and his teaching and coaching have continued to guide those of us on the Board. His efforts have created a wonderful resource for practitioners and teachers of Rosen Method Bodywork and Movement. As we move forward, our goal is to continue to offer articles that develop a deeper understanding of the clinical practice and related applied issues, innovative movement approaches and perspectives on collaborating with other professions.

This volume of the RMIJ presents a combination of articles with opportunities offered for our deeper reflection: another perspective on the area of trauma recovery and an innovation on movement. Also in this issue are reflective commentaries about the use of touch and presence in the practice of RMB and in nursing shared by several practitioners who work in both professions. There is also a nursing patient perspective through the eyes of a Rosen Method Bodywork practitioner and teacher.

Essential Motion: An Improvisational Movement Approach to Embodied Awareness and Its Relationship to Rosen Method Bodywork, by Karen Roeper, MS Counseling and Dance Therapy Rosen Method Senior Teacher and Founder of Essential Motion with Jane Flint, MA Human Development

Relational Somatic Presence - Meeting Trauma in Rosen Method Bodywork, by Shantika Bernard, PhD, Somatic Therapist, Rosen Method Bodywork Practitioner

Commentary on Riitta Hoffren-Larsson's article, From Touching to Supportive Caring: Results from Two Studies on Rosen Method Bodywork (*Rosen Method International Journal*, 8, Issue 2, pp. 6 – 24)

Commentary Responses by the following authors help us to deepen our understanding of the insights Riitta's article presents.

Alan Fogel, Ph.D., L.M.T., Rosen Method Bodywork Practitioner and Senior Teacher, Editor Emeritus, *Rosen Method International Journal*

Janie-Rae Crowley, RN (retired), BScN a Rosen Method Bodywork Intern, Edmonton, Alberta, Canada

Susanna Smart, RN, MSN, Rosen Method Bodywork Practitioner, Adult Psychiatric Mental Health Clinical Nurse Specialist , Board Certified Holistic Nurse, Kent, Ohio, USA

Catherine MacGuinness, R.N. Rosen Method Bodywork Practitioner, Alameda and Lafayette, CA, USA

I encourage you to examine the thoughtful synthesis to these commentaries by the author, Riitta Hoffren-Larsson, Registered Nurse (RN); MSc Behavioral Sciences; Licentiate of Philosophy, Department of Neurobiology, Care Sciences and Society: Division of Nursing Karolinska Institutet, Sweden.

Other News about the Journal

Currently we are recruiting new Editorial Board members and are inspired to continue our global outreach representing practitioners from many parts of the world. If you have an interest in serving as a member of our editorial board, please contact me at ccober4@gmail.com. We hope to update you on our new members in a final special issue of 2016.

In 2017 we hope to incorporate more information about the teaching of Rosen Method and introduce other new topic areas. We are working to promote an exploration of two special topics with our 2017 issues including articles on Rosen Method and Creativity and an examination of Rosen Method and Spirituality. We also welcome other new topics that practitioners and teachers wish to share. We welcome case studies, articles about Rosen Method practice and teaching, and other reflective items and research articles. Sharing case reports (this is a very small-scale project that describes what happens with one therapist and one client, or one teacher and a Rosen Movement class) can share knowledge and experience among peers.

Articles in this journal that include research, case studies and reviews of other pertinent topics related to Rosen Method as a healing modality can help us understand how it works and for whom. It is our hope that information in this journal can help practitioners and teachers of Rosen Method offer opportunities for us to more deeply examine questions and practical aspects of our work in innovative ways.

For the authors sometimes the process of writing and creating together fosters new collaboration and working relationships. Gathering knowledge about RMB and then sharing about our approach with other health-care providers can assist in promoting this important work. This is one of the unexpected benefits I have found from working with the Advisory Board on new topical articles.

Please write for the Rosen Journal:

Our hope is to reach out to Rosen professionals globally to encourage dialogue and more effective written communications about our work. Rosen professionals and students are encouraged to write articles for the journal and our editorial board continues to generate article ideas working together with Rosen professionals to create a larger knowledge base about Rosen practice and its applications. Some of us on the journal editorial board enjoy meeting with small groups to talk about potential articles so feel free to contact us.

We are accepting submissions for articles, commentaries, and book reviews for the first 2017 issue of this journal. We will be inviting authors to consider two special topics: the connection of RMB to Creativity and also the aspect of Spirituality and this form of bodywork. Many practitioners and clients have discovered the gift that this form of bodywork and movement can provide to support for creative expression and in spiritual growth. We are in the process of soliciting writing on this topic as well as other areas of interest. Please contact me at ccober4@gmail.com soon if you have an idea for an article or book review so that I, with the help of the editorial board, can help you prepare your article for submission. Submissions are

due no later than March 1, 2017 for our first 2017 issue.

A complete listing of guidelines for preparing your articles for submission can be found on this Rosen Institute website under the RMIJ tab (www.roseninstitute.net/journal/submit-review-process/). Although supported by the Rosen Institute, the RMIJ has been an independent editorial voice for Rosen professionals and we will consider for review and possible publication, any article about Rosen Method if it meets the requirements for the journal given in the RMIJ description.

We on the Advisory Board welcome a warm and open exchange of ideas with practitioners and teachers across the globe. Please feel free to contact us with your ideas and suggestions.