

2017 Spring Issue

Editorial & Announcements

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This message is to let you know that a new issue (Volume 10, Issue 1, 2017) of the *Rosen Method International Journal* has been posted online. You can find this issue on our new website address, hosted by the Rosen Institute: www.roseninstitute.net or at our previous address of www.rosenjournal.org.

The *Rosen Method International Journal* is intended to be a free online resource for all individuals who have an interest in Rosen Method in particular and in somatic practices in general. Our goal is to continue to offer articles that develop a deeper understanding of the clinical practice and related applied issues, innovative movement approaches and perspectives on collaborating with other professions.

We are grateful that the hosting and production of this journal as an ongoing resource is supported by dues-paying members of the Rosen Institute. Thanks to those who have renewed their memberships. If you are aware of other RMB practitioners who have not yet joined, please invite them to become a part of this global effort.

If you are not a Rosen Method professional and would like to support the work of the Rosen Institute and/or the *Rosen Method International Journal*, you are invited to join at a reduced cost as an Associate Member. Under the "Members link" on the Rosen Institute home page, select "Member Registration" and then choose Rosen Method Associate as the membership type. Your contribution to this work is greatly appreciated.

News & Updates About the Journal:

This is my first issue in the position of Editor of the *Rosen Method International Journal*. I have benefitted immensely from the insightful coaching provided by founding editor, Alan Fogel. I am learning new information about our global community and look forward to finding support to meet more of my colleagues this year.

Our editorial board is happy to announce that we have added two new members: John Bosman of Australia and Maja Skau-Olsen of Finland. You may read about John and Maja on the Journal website. In addition, members of our current Advisory Board have taken on expanded roles as we plan for the 2017 issues.

WHAT YOU WILL FIND IN THIS ISSUE:

This volume of the Journal offers the following articles and book review:

- Rosen Method Bodywork at the End of Life: Observations by massage therapist Stacey Shultz;
- Book Review: S.T.A.R. Philosophy: Accept Thyself as Divine by Nina Brown, reviewed by John Bosman; and,
- The Teaching of Rosen Method: New Program in Mexico by Lourdes Nicolau and Theresa Garcia

The past few months have been challenging politically in many places across the globe. Several Rosen practitioners and movement teachers have mentioned how our work has been useful to clients, students, and each other as we navigate our way through these challenging landscapes. We would be interested in hearing examples of how practitioners have offered Rosen Method as a resource for individuals feeling fearful and stressed.

We encourage practitioners and teachers to consider developing articles. Please feel free to contact any of our board members to discuss ideas. Several special topics we hope to include at some point are:

- Teaching Rosen Method bodywork and/or movement
- Rosen Method and creativity
- Rosen Method and spirituality

I hope to visit the Bay Area and maybe other areas to invite practitioners and teachers to open discussion sessions about the upcoming issue on Spirituality and Creativity in Rosen Method. If you are interested in this, please e-mail me.

We are eager to solicit articles on these topics and to identify practitioners who wish to collaborate on articles on these areas of interest. We also welcome new topics that any of you may wish to share, including case studies, articles about Rosen Method practice and teaching, and other reflective items or research articles. Sharing case reports (this is a small-scale project that describes what happens with one therapist and one client, or with one teacher and a Rosen movement class).

In 2017, we hope to offer more information about teachers in the Rosen Method training programs across the globe and you are encouraged to submit articles, as we would like to make this an ongoing dialogue.

Other News:

Are you aware that we have access to a wonderful historic library monitored by Marjorie Huebner? Recently an article entitled "*Marion Rosen at 97: Finding a New Life Later in Life*" co-written by Mara Lynn Keller and Sara Webb, was added to our library. It originally appeared in *The Poetics of Aging Journal*, an online journal based on a program presented at the 2011 Poetics of Aging Conference. See www.poeticsofaging.org. In this article, Mara and Sara explored the meaning of aging in our personal and social lives. They interviewed Marion to understand her personal experience with the aging process and its challenges and benefits. The authors explored the assumption that older people should pretend they are still youthful and their age caused them no problems. They also explored the belief that aging might be considered an inappropriate topic for conversation, is too boring, and something to keep hidden. The result of the

interview is provocative and encouraging. Please visit our extraordinary library to read this intriguing article, and many more. To access historic articles use the upper tool bar to navigate to the Resources tab. Once you click on the Resources tab you select the Library choice in the drop down menu, and then you will see audio, video, and Scholarly Articles. Many wonderful Scholarly Articles are listed there.

We continue to be grateful for the insights, participation and support of our worldwide Rosen community.

Sincerely,

Carol Cober, Editor, *RMIJ*

